

I'm an adult patient with Epidermolysis Bullosa, Simplex-Dowling Meara form. I was part of the original group of people who started using Alwyn Cream approximately 10 years ago. Like others with EB, I'd heard every suggestion under the sun for creams that would "heal" me and typically took such claims with a grain of salt.

Needless to say, I was skeptical of the Alwyn cream. I spoke extensively with the staff at the Alwyn Company and determined that even if the cream didn't necessarily help me, it wouldn't hurt me. I decided that there was no harm in giving it a shot.

Imagine my surprise when I tried the cream on some tough to heal areas and saw and felt improvement rather quickly! EB Simplex is different than other forms of EB because it typically presents with callous-like areas, particularly on the hands and feet. My challenge is that if I develop a wound, it might be under some tough skin, or I might have an area with tough skin that develops blisters surrounding it. This situation can be quite painful and make healing quite difficult since it can become a vicious circle (tough skin develops blisters around it and the area then becomes raw and the tough skin continues to irritate the area).

What the Alwyn cream does for me is soften these callous-like areas so that they reduce in size and can be removed, therefore not irritating the surrounding skin and causing more wounds. The consistency and makeup of the cream is "fluffy" and soothing. I have never found any other cream which was able to accomplish this with my skin condition.